



Trends in Bullying Prevention and Research

Suicide Prevention &
Bullying Policy to Practice
February 11, 2018



Suicide and Bullying



- CDC: Suicide is the third leading cause of death among young people. Over 14 percent of high school students have considered suicide, and almost 7 percent have attempted it.
- Bully victims are between 2 to 9 times more likely to consider suicide than non-victims, according to studies by Yale University.

Suicide and Bullying



- A study in Britain found that at least half of suicides among young people are related to bullying.
- According to statistics reported by ABC News, nearly 30 percent of students either bully other kids or are victims of bullying, and 160,000 kids stay home from school every day because of fear of bullying.

Starting the Dialog



In Entertainment & In Discussion Among Youth

ONLY ON
NETFLIX
#13REASONSWHY

Talking about suicide will not “plant a thought” that wasn’t already there.

Talking connects people, builds empathy and understanding, and can open doors to other support.

Starting the Dialog



Visibility is Opening Opportunity for Dialog



Logic ft. Alessia Cara & Khalid Perform "1-800-273-8255" | 2017 VMAs | MTV

Reinforces bullying
prevention message

"So I say here and now if you believe in this message of peace, love, positivity, and equality for all, then I demand that you rise to your feet and applaud not only for yourselves, but for the foundation we are laying for our children."

Starting the Dialog



More than ever, people know where to reach out for help – and they are!

Calls to the Lifeline more than doubled during VMA and Grammy Awards



Suicide and Bullying

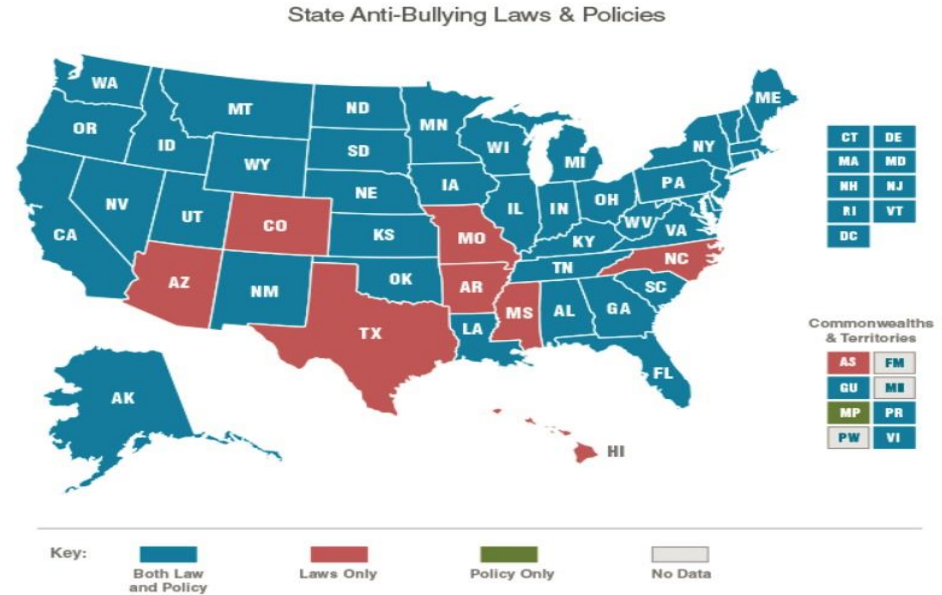


- Recent attention focused on the relationship between bullying and suicide is positive and helpful because it:
 - Raises awareness bullying harms.
 - Highlights the significant risk for our most vulnerable youth (e.g. youth with disabilities, special needs, LGBTQ).
 - Encourages conversation about the problem of bullying and suicide and promotes collaboration around prevention.
- Involvement in bullying, along with other risk factors, increases the chance that a young person will engage in suicide-related behaviors.
- Connectedness and inclusion are key to prevention.

Bullying Policy to Practice



- Most states have laws and policies around bullying.
- There has been some challenges to establish a universal definition and understanding of bullying.



State-specific information can be found at:
<https://www.stopbullying.gov/laws>

Special Protections: Civil Rights



- Harassment against a student on the basis of disability and retaliation against any student or other person are also prohibited under Section 504, Title II, and other Federal civil rights laws enforced by the U.S. Department of Education's Office for Civil Rights.
- The federal government has been rolling back enforcement of civil rights protections, meaningful solutions will have to come from states, communities, and organizations willing to maintain efforts for inclusion, collaboration, and tolerance.

Contact

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BOLD
THINKERS
DRIVING
REAL-WORLD
IMPACT





Evidence-Based/ Promising Approaches for Specific At-Risk Populations

LGBT

Muslim and Sikh

February 11, 2018



LGBT Students



Negative school climate affects these students' academic outcomes

Indicators of Negative School Climate



Hearing homophobic remarks

Feeling unsafe

Missing classes/days due to safety reasons

Experiencing harassment/assault

Experiencing discriminatory policies at school

Impacts on Academic Achievement



Lower grade point average

Higher levels of depression

Lower levels of self-esteem

Twice as likely to not pursue post-secondary education

LGBT Students



Students who feel safe and affirmed have better academic outcomes

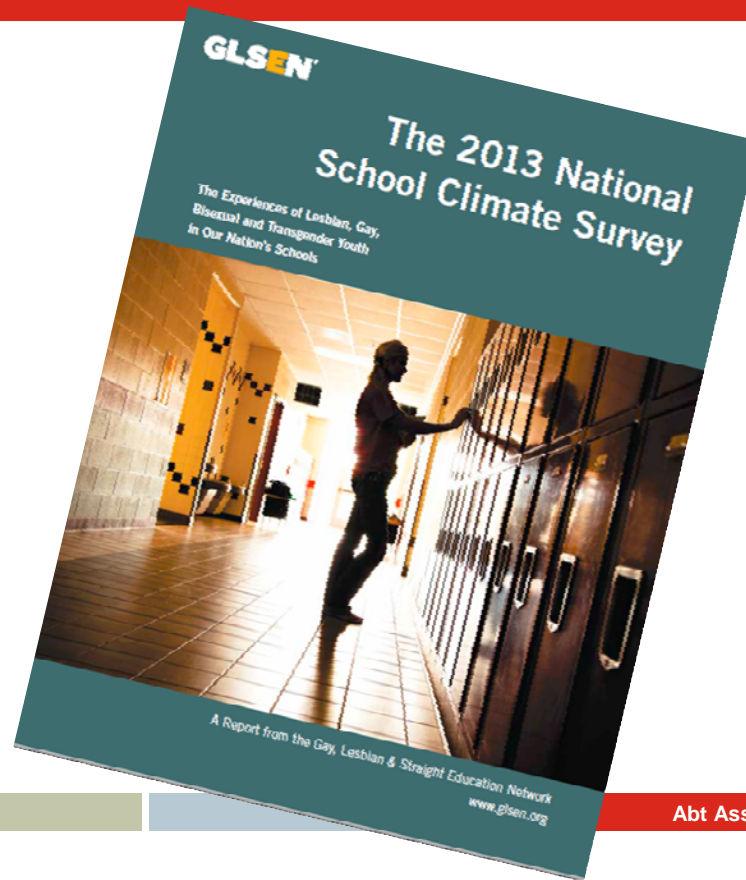
- Supportive environment
- Educational policies

LGBT Students – Suggested Resources



Gay, Lesbian and Straight Education Network (GLSEN)

www.glsen.org



LGBT Students – Suggested Resources



“It Gets Better”

www.ItGetsBetter.org

**IT GETS
BETTER
PROJECT**
ITGETSBETTERPROJECT.COM

Muslim and Sikh Students



- Negative school climate affects these students' academic outcomes
- This may manifest itself in the form of teacher discrimination and student bullying
- Muslim/Sikh students experience bullying to a higher degree

Muslim and Sikh Students



Safe-School Policies or Programs

- Teachers should receive bullying prevention training
- Teachers should create inclusive environments
- Incorporate specific curricula

Muslim and Sikh Students



The role of parents

- Parents should be aware of signs of bullying
- Parents can instill a sense of dignity, self-worth, and self respect

Suggested Resources



U.S. Department of Education

www.ed.gov

- Religious discrimination website
- Online complaint form



U.S. Department of Education

Student Loans

Grants

ABOUT ED / OFFICES

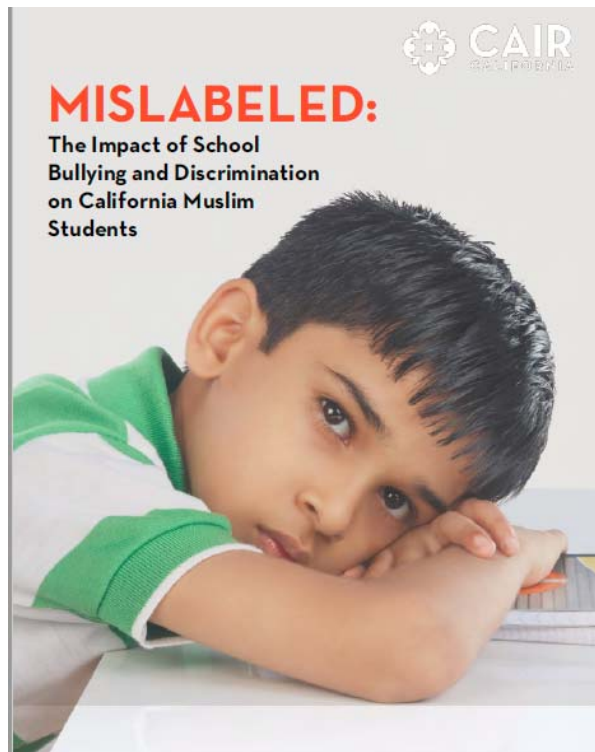
OCR

Office for Civil Rights

- Home
- Programs/Initiatives
- Office Contacts
- Reports & Resources
- News
- About OCR
- Reading Room
- Frequently Asked Questions
- Careers/Internships

Religious Discrimination

Suggested Resources



**Council on
American-Islamic
Relations
(CAIR)**

www.cair.com

Suggested Resources

Islamic Networks Group (ING)

www.ing.org

For Parents,
Teachers,
School
Administrators
& Community
Members

Bullying Prevention Guide

For public and private schools
(including Muslim fulltime and weekend schools)



Islamic Center of Greater Cincinnati's
Muslim Mothers Against Violence (MMAV)



Islamic Networks Group (ING)
Educating for cultural literacy
and mutual respect

Suggested Resources



www.sikhcoalition.org

BULLYING IS OFTEN:

REPEATED:
occurs more
than once

DELIBERATE:
done on purpose

IMBALANCED:
one person
has more power



STOP BULLYING



A PARENT'S GUIDE
Keeping kids safe & happy