

# Youth Development





Multidisciplinary approaches. Innovative methodologies. Credible, actionable evidence. Improved adolescent and community outcomes.

## Our Focus

We conduct rigorous evaluations to determine the effectiveness of strategies to reduce risk-taking behaviors and increase resilience among youth. Our work contributes to the growing evidence base of effective programs for vulnerable youth.

These evaluations are built on a **commitment to collaboration** with practitioners and policy makers every step of the way. **We tailor each evaluation to the unique contexts** in which programs are implemented.

We collect **high-quality sensitive data in a variety of settings,** and help our clients engage with and use the data for decision-making.

#### What We're Doing

Analyzing the **impact of replicating evidence-based programs** on sexual behaviors, attitudes, and knowledge among teens across the U.S.

Rigorously evaluating the **Teen Outreach Program** in 24 schools in Hennepin County, Minnesota.

Conducting a formative evaluation and **building the capacity of an organization serving disconnected youth** in Massachusetts to participate in a rigorous impact evaluation.

Studying the implementation of the **Teen Prevention Education Program,** a sexual health peer education program in North Carolina.



Identifying **parenting strategies** linked to positive adolescent behavior.

Evaluating **Transitional Living Programs'** effects on social connections, psychosocial well-being, housing, education, and employment among runaway and homeless teens across the U.S.

#### **Content Expertise**

- Adolescent risk-taking behaviors
- Teen pregnancy and STIs
- Adolescent alcohol and other substance abuse
- Juvenile delinquency and juvenile justice
- Home visiting programs
- Programs and services for pregnant and parenting teens
- Homeless, runaway, and system-involved youth
- Federal and local policy affecting adolescent services
- Evidence-based youth programming
- Nonprofit capacity-building
- Community development and collaboration
- Complex stakeholder contexts



#### **Research/Evaluation** and Technical Assistance

- Experimental and quasiexperimental studies; outcome evaluations
- Process and implementation evaluations
- Capacity-building for evaluation and performance monitoring
- Flexible modes of data collection for hard-to-reach and vulnerable populations
- Survey design and sampling
- Cost-benefit and cost-effectiveness studies

#### **Our Clients**

Center for Supportive Schools (NJ, NY, NC) Corporation for National and Community Service Hennepin County Human Services and Public Health Department (MN) U.S. Department of Education U.S. Department of Health and Human Services, Office of Adolescent Health U.S. Department of Health and Human Services, Family and Youth Services Bureau U.S. Department of Labor, Employment and Training Administration U.S. Department of Labor, Chief Evaluation Office State and local governments Universities, foundations and nonprofit organizations

# About Abt Associates

We are a mission-driven, global leader in **research**, evaluation, and program implementation in the fields of health, education and social policy.

### About Youth Development at Abt Associates

#### **OUR TEAM**

Our team comprises researchers in public policy, evaluation and measurement, public health, sociology, psychology, human development, economics, statistics, and other related disciplines, committed to *improving adolescent health and well-being*. LEARN MORE Meredith Kelsey, Ph.D. Principal Associate Social and Economic Policy 617.520.2422 Meredith\_Kelsey@abtassoc.com



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